# Eosinophil-derived TGFβ1 controls the new bone formation in chronic rhinosinusitis with nasal polyps\*

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### Abstract

**Background**: Chronic rhinosinusitis with nasal polyps (CRSwNP) is characterized by chronic eosinophilic inflammation and new bone formation (NBF). These processes may be associated with each other in the pathogenesis and influence the severity and prognosis of the disease. However, it is still unclear how eosinophilic inflammation is involved in the NBF.

**Methodology**: Sinus bone cells were isolated from ethmoid bone tissues of patients with CRSwNP and controls. Transforming growth factor beta 1 (TGFβ1) and alkaline phosphatase (ALP) expression in sinus bone cells was determined using quantitative RT–PCR, immunoblotting, and immunohistochemistry. The co-localization of TGFβ1 with eosinophils was assessed by immunofluorescence staining. Sinus bone cells were co-cultured with eosinophils (Eol-1 cell line), which were differentiated with butyrate, to measure the osteoblast differentiation activity of sinus bone cells.

**Results**: TGF $\beta$ 1 expression was increased in sinus bone tissues and correlated with CT scores in CRSwNP. TGF $\beta$ 1 was also increased in the submucosa of CRSwNP and co-localized predominantly with eosinophils compared with neutrophils Differentiated Eol-1 cells-derived TGF $\beta$ 1 increased ALP expression in sinus bone cells. Treatment with a TGF $\beta$ 1 inhibitor attenuated TGF $\beta$ 1-induced ALP expression and staining in sinus bone cells of CRSwNP, leading to loss of bone formation.

**Conclusions**: Eosinophil-derived TGF $\beta$ 1 was enriched in the submucosa of CRSwNP, which induced ALP expression in sinus bone cells and NBF. Therefore, eosinophil-derived TGF $\beta$ 1 may mediate aberrant bone remodeling in CRSwNP.

**Key words**: chronic eosinophilic inflammation, chronic rhinosinusitis with nasal polyps, eosinophil-derived TGFβ1, new bone formation

# Introduction

Chronic rhinosinusitis (CRS) is a chronic inflammatory disease of the paranasal sinuses linked to heterogeneous systemic and local factors. In particular, chronic rhinosinusitis with nasal polys (CRSwNP) is characterized by eosinophilic infiltration and new bone formation (NBF), leading to olfactory dysfunction, disability, and refractory CRS <sup>(1-3)</sup>. Growing evidence indicates that eosinophilic infiltration and T helper 2 (Th2)-type inflammation (elevated local expression of eosinophilic cationic protein [ECP], eotaxin, and immunoglobulin E) are strongly associated with the sinus bone thickening, osteitis, increased osteoblast activity, and NBF of CRSwNP<sup> (4-8)</sup>. However, the underlying molecular mechanisms of how eosinophilic mucosal inflammation leads to NBF in CRSwNP remain unclear.

Transforming growth factor-beta (TGF $\beta$ ) is a multifunctional cytokine produced by a variety of cells in the event of an inflammatory situation. Of these, TGF $\beta$ 1 is known to be an important regulator involved in the abnormal bone remodeling proces-

ses of bone-related disorders <sup>(9,10)</sup>. TGFβ1 also is known to be strongly expressed in eosinophils and to induce epithelialmesenchymal transition (EMT) <sup>(11-14)</sup>. Moreover, detection of eosinophil-derived TGFβ1 in humans and mice and elevation of TGFB1 expression in the submucosa of human CRS have been reported <sup>(15-17)</sup>. Previous studies have shown elevated expression of TGFβ1 in CRS, but results were inconsistent and different depending on CRS endotypes. Bachert et al. showed that TGFβ1 levels were higher in CRSsNP than in CRSwNP <sup>(18,19)</sup>. In contrast, TGFβ1 expression was elevated in osteitis of CRSwNP compared to healthy controls and CRSsNP <sup>(20,21)</sup>. Various functions of TGFβ1 and heterogeneous CRS endotypes of Th1, Th2, Th17, and mixed inflammation may be an obstacle to understanding the relationship between causal TGFβ1 and resulting NBF in CRS.

This study investigated the underlying basis of aberrant TGF $\beta$ 1 expression in eosinophilic inflammation and NBF in CRSwNP. We aimed to study the expression level of TGF $\beta$ 1 in the mucosal and bone tissues of CRSwNP to localise TGF $\beta$ 1 expression in inflammatory cells of eosinophils, neutrophils, and macrophages. In addition, we used a co-culture system to measure the TGF $\beta$ 1-secreting ability of differentiated Eol-1 cells, which may induce elevated alkaline phosphatase (ALP) expression in sinus bone cells of CRSwNP, leading to bone mineralisation.

#### **Materials and methods**

#### **Study population**

This study was approved by the Institutional Review Board of Hanyang University Hospital, and written informed consent was obtained from all the participants (No. 2021-09-006). The participant characteristics are summarized in Table 1.

From April to August 2022, 22 patients with CRSwNP (n=22) who underwent endoscopic sinus surgery (ESS) according to European Position Paper on Rhinosinusitis and Nasal Polyps (EPOS) guidelines were enrolled <sup>(22)</sup>. The seven controls were cases of endoscopic pituitary surgery (n=7) and cerebrospinal fluid leak (n=1). Clinical data, including demographic information, nasal symptoms, and medical and surgical histories, were recorded. All subjects underwent nasal endoscopy, computed tomography (CT), serological tests (total IgE and complete blood count), and skin prick tests to determine their sensitivity to common inhaled allergens. The severity of the CRSwNP was evaluated using CT scores. Exclusion criteria were CRS without nasal polyposis, fungal sinusitis, mucocoele, and paranasal sinus tumours. To define the presence of NBF, we used the following criteria: increased bone density (Hounsfield unit  $\geq$  400) on preoperative CT scans and identification of hard ethmoid bone during ESS with a navigation system (23).

Isolation of human sinus bone cells and assessment of osteoblasts differentiation Table 1. Clinical characteristics of control and CRSwNP.

	Control (n=7)	CRSwNP (n=22)	P value
Sex (M:F)	5:2	16:6	0.647
Age (years)	42.1 ± 17.36	53.0 ± 15.6	0.173
Smoking (%)	28.6	27.2	0.647
Allergy (%)	57.1	36.4	0.295
Asthma (%)	0	22.7	0.222
Total IgE (IU/mL)	103.1 ± 86.9	183.7± 200.2	0.148
Serum eosinophil (%)	3.0 ± 1.9	5.1 ± 3.8	0.068
CT score	5.8 ± 3.9	12.6 ± 3.8	0.001*
Bone density (HU)	$215.2 \pm 81.8$	616.8 ± 177.4	0.001*

CRSwNP, chronic rhinosinusitis with nasal polyps; IgE, immunoglobulin E; CT, computed tomography; HU, Hounsfield unit. \*P < 0.001.

Human sinus bone cells were grown using outgrowth culture methods, as previously reported <sup>(24)</sup>. Isolated sinus bone cells were maintained in DMEM with 10% FBS and 1% antibiotics in a humidified atmosphere of 5% CO<sub>2</sub>. In addition, isolated sinus bone cells cultured for 2-5 passages were used in the experiments and checked for mycoplasma using a PCR-based method (6601, Takara) before the in vitro experiments. Osteoblasts differentiation was assessed according to matrix maturation and mineralization (25,26). Matrix maturation of osteoblast differentiation was assessed by alkaline phosphatase (ALP; 85L2, Sigma) staining and ALP activity (K412, Biovision). The matrix mineralization of osteoblast differentiation was assessed by Alizarin red (ARS; A5533, Sigma), hydroxyapatite (HA; PA-1503, Lonza), and von Kossa (VON; 1% silver nitrate solution; S7179, Sigma) staining. After staining, the wells were imaged using a Nikon Eclipse Ti-U microscope (MEA510AA, Nikon). For quantification of ARS staining, stained wells were incubated with 200 µL of 10% acetic acid at 37°C for 2 h; 80 µL aliquots of the extracted solution were to each well of a new 96-well plate and measured at 450 nm in a multi-plate reader (51119000, Thermo Fisher Scientific). To quantify HA staining, stained wells were measured at an excitation wavelength of 492 nm and an emission wavelength of 550 nm using a multi-plate reader. For VON quantification, stained well images were selected and analysed using Image J.

The ethmoid bone tissues were immediately dissected from the overlying mucosa using surgical elevators and forceps. The isolated mucosal tissues were placed in 1 mL of TriZOL solution were stored at  $-20^{\circ}$ C. Collected mucosal tissues were homogenised, and total RNA was extracted following standard RNA extraction protocol. Complementary DNA (cDNA) was generated using RevertAid First Strand cDNA Synthesis Kit (K1622, ThermoFisher Scientific). Quantitative PCR (qPCR) was performed on a CFX96



Figure 1. TGFB1 was highly expressed and associated with ALP in ethmoid bone tissues of CRSwNP. (A) Osteoblast-related genes were scanned by RNA-sequencing and the heatmap shows differentially expressed genes associated with osteoblasts in CRSwNP (Control, n=4 and CRSwNP, n=6). (B) TGFB1 mRNA expression and Lund–Mackay CT scores were shown in both control and CRSwNP groups (control, n=4 and CRSwNP, n=12). (C) Both control and CRSwNP ethmoid bone tissues underwent immunohistochemical tests for TGF $\beta$ 1. Representative images are shown (Control, n=2 and CRSwNP, n=7). Scale bar: 100 µm. (D) Immunoblotting was performed for ALP and TGF $\beta$ 1. Protein intensity was quantified by ImageJ software. The normalised band intensity of each target was adjusted to GAPDH as a loading control. Correlation between ALP and TGF $\beta$ 1 protein levels of each control and CRSwNP patient group (Control, n=4 and CRSwNP, n=10). Data are expressed as the means ± SEM. \*p<0.05, \*\*\*p<0.001, Mann–Whiney U test.

#### Table 2. Human oligonucleotide sequences for qPCR and RT-PCR.

Gene	5' Forward 3'	5' Reverse 3'
GAPDH (qPCR)	GTAACCCGTTGAACCCCATTC	CCATCCAATCGGTAGTAGCG
GAPDH (RT-PCR)	GTCAGTGGTGGACCTGACCT	AGGGGTCTACATGGCAACTG
TGFB1 (qPCR)	CGACTCGCCAGAGTGGTTAT	AGTGAACCCGTTGATGTCCA
ALP (RT-PCR)	ACGAGCTGAACAGGAACAACGT	CACCAGCAAGAAGAAGCCTTTG
ECP (qPCR)	CCAGACCCCCACAGTTTACG	GTTCTGTTATGAGGGCAGCG
TPSAB1 (qPCR)	GGCCCATACTGGATGCACTT	GTAGAACTGTGGGTGCACGA
CCL26 (qPCR)	ATACAGCCACAAGCCCCTTC	TGGGTACAGACTTTCTTGCCTC
EPX (qPCR)	CCCATGGACCTCCTGTCCTA	CCGCTGGGGTTGTAACTTCT
ARG1 (qPCR)	ACTTAAAGAACAAGAGTGTGATGTG	ATTGCCAAACTGTGGTCTCC
ELANE (qPCR)	ATTGCGCCCAACTTCGTCAT	AAGTTTACGGGGTCGTAGCC

GAPDH, glyceraldehyde 3-phosphate dehydrogenase; ALP, alkaline phosphatase; TGFB1, transforming growth factor beta 1; ECP, eosinophil cationic protein, TPSAB1, tryptase alpha/beta 1; CCL26, C-C motif chemokine ligand 26; EPX, eosinophil peroxidase; ARG1, arginase 1; ELANE, elastase, neutro-phil expressed.

real-time thermocycler (Bio-Rad Laboratories, Hercules, CA, USA) using iQ SYBR Green Supermix (170-8882AP, Bio-Rad) according to the manufacturer's protocol. The target gene expression was normalised for all samples to that of human GAPDH. The oligo-nucleotide primer sequences are listed in Table 2.

#### Immunohistochemistry (IHC)

IHC procedures were previously reported (24,25,27). Ethmoid bone tissues were fixed with 10% formalin for 3 days, decalcified with 10% formic acid for one week, and embedded in paraffin. The paraffin blocks were cut into 5-7 mm-thick sections. Briefly, tissue slides were de-paraffinised, dehydrated, incubated with Antigen Retrieval Kit (VB-6009, VitroVivo Biotech), permeabilised with 0.3% Triton X-100 in 1X TBS-T, and endogenous peroxidase was eliminated with BLOXALL (SP-6000, Vector Lab). They were then incubated overnight at 4°C with the appropriate primary antibodies in antibody diluent (S3022, DAKO). The slides were incubated with ABC kit components (PK-6102, Vector Lab), DAB substrate kit (sk4100, Vector Lab), counterstained with haematoxylin (1.05174.0500, Merck), and mounted with a permanent mounting medium (H-5000, Vector Lab). Images were collected with a Nikon Eclipse Ti-U microscope to visualize stained cells. Five fields for each sample were randomly acquired at 200× magnification.

### **Co-culture using transwells**

Sinus bone cells ( $1 \times 10^5$  cells/well) were cultured in the lower chamber of 12-well transwells (0.4 µm pose size; 3401, Coring). The next day, Eol-1 cells ( $6 \times 10^5$  cells/well) were placed in the upper chamber and exposed to the vehicle or 100 µM butyrate. Transwell cultures were incubated and allowed to migrate to soluble factors for two days. Stimulated Eol-1 cells were harvested

from the upper chamber RNA expression analysis. In addition, sinus bone cells in the lower chamber were stained with ALP.

### Immunofluorescence (IF)

Sinus bone tissues were fixed in 10% formalin for one week, incubated with 10% formic acid for one week, and embedded in paraffin. Tissue slides (5 µm-thick) were baked at 65°C for 30 min, and the paraffin was removed by two washes (5 min each) with Neo-Clear (1.09843.5000, Merck), followed by dehydration by passage through a graded series of ethanol solutions (100%) to 50% ethanol). For permeabilisation, slides were incubated for 10 min with TBS-T (0.3% Triton X-100) and blocked with BLOXALL (SP-6000, Vector Lab) for an hour at room temperature. They were then incubated with proteoglycan 2 (PRG2) (ab14462, Abcam), a specific marker for eosinophils, and TGFB1 (#8455, Cell Signaling Technology) primary antibodies in an antibody diluent (S3022, Dako) for an hour at room temperature. Antibody binding was visualised using Alexa Fluor 488-conjugated goat anti-mouse antibody (A-11001, Invitrogen) and Cy3-conjugated anti-rabbit antibody (111-165-144, Jackson Immunoresearch). Finally, to remove non-specific signals, the slides were stained by an Autofluorescence Quenching kit (SP-8400, Vector Lab). Immunofluorescence images were acquired by confocal microscopy (Leica Microsystems, Germany), and high-power field counts were obtained at 200× and 400× magnifications. The number of positive cells in each specimen was counted in five random visual fields without non-specific signals. Average values were determined by two independent observers.

#### **Statistical analysis**

Graph-Pad Prism 7.0 was used to produce publication-quality images and statistical analysis. Statistical analysis was performed



Scale bar :100um

Figure 2. TGF $\beta$ 1 positive eosinophils were predominant in the submucosa of CRSwNP. Submucosal tissues were harvested from both control and CRSwNP tissues and analysed by RT-qPCR for (A) TGFB1 expression and (B) eosinophil-specific markers; ribonucleases A family member 3 (ECP), Tryptase alpha/beta 1 (TPSAB1), C-C motif chemokine ligand 26 (CCL26), and eosinophil peroxidase (EPX), and neutrophil-specific markers arginase 1 (ARG1) and elastase (ELANE) (Control, n=5 and CRSwNP, n=8). (C) Co-localisation of proteoglycan 2 (PRG2; eosinophil-specific marker, green) or elastase (ELANE; neutrophil-specific marker; green) in TGF $\beta$ 1 (red) was performed by immunofluorescence in mucosal tissues of both groups. Cell nuclei were counterstained by DAPI (blue, 4'6-diamino-2-phenylindole). Representative images are displayed (control, n=3 and CRSwNP, n=5). (D) Quantification of figure 2C. Images were counted and calculated in 5 different areas. Data are expressed as the means ± SEM. \*p<0.05, \*\*p<0.01, \*\*\*p<0.001, Mann–Whiney U test. Scale bar: 100 µm.



Figure 3. Differentiated Eol-1 cells derived TGFβ1 induced the increased ALP expression in sinus bone cells of CRSwNP. (A) Schematic diagram. The human sinus bone cells of CRSwNP and Eol-1 cells were seeded in the lower and upper chambers, respectively. Eol-1 cells in the upper chamber were treated with vehicle or butyrate for 2 days, harvested, and subjected to (B) RT-qPCR for eosinophil-specific markers, (C) RT-qPCR for TGFB1 expression, and (D) immunoblotting for TGFβ1 expression (n=6 for each group). Sinus bone cells in the lower chamber were stained by (E) ALP staining and (F) ALP activity (n=6 for each group). Data are expressed as the means ± SEM. \*p<0.05, \*\*p<0.01, Mann–Whiney U test. Scale bar: 200 μm.

using the Mann–Whitney test with unpaired tests. The values are shown as the mean  $\pm$  standard error (SEM) from a minimum of three independent experiments. The asterisks represent the level of statistical significance (\*P < 0.05, \*\*P < 0.01, \*\*\*P < 0.001).

# Results

**TGFβ1 was increased and positively associated with ALP expression in ethmoid bone tissues of CRSwNP** We previously identified 255 significantly differentially expressed genes (DEG) (fold change > 2 and false discovery rate (FDR) <0.05): 134 genes were upregulated and 91 genes were downregulated in CRSwNP<sup>(24)</sup>. Among them, specific genes related to osteoblastic and osteoclastic activities are shown in Figure 1A and Figure S1. Here, we confirmed that TGFβ1 expression was increased in the ethmoid bone of CRSwNP compared to that in control using RT-qPCR. Patients with CRSwNP had increased CT scores compared to controls, which showed a positive correlation with TGF $\beta$ 1 levels of ethmoid bone (r=0.5454, p=0.023, Figure 1B). Immunohistochemistry also showed enriched TGF $\beta$ 1 expression in the ethmoid bone of CRSwNP (Figure 1C). Immunoblotting revealed that TGF $\beta$ 1 protein expression was significantly increased in the ethmoid bone of CRSwNP compared with controls, which showed a significant positive correlation with ALP protein levels in CRSwNP (r=0.8135, p=0.0042, Figure 1D). Overall, we found that TGF $\beta$ 1 was significantly elevated in the ethmoid bone tissues of CRSwNP.

 $\mathsf{TGF}\beta\mathsf{1}$  positive eosinophils were predominant in the submucosa of  $\mathsf{CRSwNP}$ 

Next, we analysed the differential expression of eosinophilic and



Figure 4. Transient TGF $\beta$ 1 exposure in sinus bone cells exhibited the promoted bone mineralization in CRSwNP. Sinus bone cells of CRSwNP were treated with vehicle, TGF $\beta$ 1 alone, and TGF $\beta$ 1+SB431542 for 2 days and harvested to analyse by (A) ALP staining (left panel) and ALP activity (right panel), (B) immunoblotting, (C) RT-PCR (left panel) and RT-qPCR (right panel). (D) Schematic diagram. Sinus bone cells were pre-treated with exogenous TGF $\beta$ 1 (10 ng/mL) for 3 days, washed out of TGF1 medium, and incubated with osteogenic differentiation medium for 14 days. At 14 days, differentiated cells were subjected to bone mineralisation-related assay by (E) ARS (upper), VON (central), and HA staining (lower) and (F) its quantification data. Representative images are shown. Data are expressed as the means ± SEM. \*p<0.05, \*\*p<0.01, one-way ANOVA with Bonferroni's post-hoc test. Scale bar: 200 µm.

neutrophilic markers in the collected submucosa of patients with CRSwNP. The transcript levels of both eosinophil- and neutrophil-specific markers were significantly higher in the submucosa of patients with CRSwNP than in control (Figure 2A). In addition, TGFβ1 was also highly expressed in the submucosa of CRSwNP (Figure 2B).

Furthermore, we performed immunofluorescence staining to identify the cellular source of TGF $\beta$ 1 in the submucosa of CRSwNP. As shown in Figure 2C, both eosinophils (PRG2) and neutrophils (ELANE) were enriched in the submucosa of CRSwNP compared with the control. Interestingly, TGF $\beta$ 1 in CRSwNP was more highly co-expressed in PRG2+ cells than in ELANE+ cells (Figure 2C). Both PRG2+ and ELANE+ cells in CRSwNP were highly co-expressed with TGF $\beta$ 1, but PRG2+ TGF $\beta$ 1+ cells were significantly abundant compared to ELANE+ TGF $\beta$ 1+ cells (Figure 2D). Again, we compared the co-localisation of TGF $\beta$ 1 with three cell types (eosinophil, neutrophil, and macrophages) in the serial section of a CRSwNP sample; TGF $\beta$ 1 was predominantly co-localised in PRG2 protein in CRSwNP, but not in ELANE and CD68 (Figure S2). Collectively, we found that co-localisation of TGF $\beta$ 1 with eosinophils was predominant in the submucosa of CRSwNP.

**TGFβ1 secreted by differentiated Eol-1 cells induced the increased ALP expression in sinus bone cells of CRSwNP** To mimic the eosinophilic conditions in the ethmoid sinus of CRSwNP, we co-cultured sinus bone cells (lower chamber) and Eol-1 cells (upper chamber) in the presence of vehicle or butyrate for 48 h (Figure 3A). Differentiation markers of eosinophils were confirmed by RT-qPCR (Figure 3B). Butyrate statistically induced TGFβ1 mRNA and protein expressions in differentiated Eol-1 cells (Figures 3C and 3D). In sinus bone cells co-cultured with differentiated Eol-1 cells, ALP staining and activity significantly increased in the butyrate-treated group (Figures 3E and 3F). Additionally, exogenous TGFβ1 treatment in sinus bone cells resulted in upregulated ALP expression with mRNA and protein levels accompanied by phos-smad 2 protein and downregulated OPG expression (Figures S3A and S3B). However, there were no statistical differences in OPN, RUNX2, or RANKL expression in the TGFβ1-treated group. Taken together, TGFβ1 by differentiated Eol-1 cells induced increased ALP expression in the sinus bone cells of CRSwNP.

Sinus bone cells treated with TGF $\beta$ 1 exhibited the promoted bone mineralization in CRSwNP

To determine whether TGFB1 affects osteoblast differentiation of sinus bone cells, we treated sinus bone cells with exogenous TGF<sub>β1</sub> for 3 days and observed TGF<sub>β1</sub>-induced matrix mineralisation and maturation by ALP and collagen staining. Consistent with the above findings, transient TGF<sup>β1</sup> treatment dramatically induced ALP expression, whereas co-treatment with a TGFB1 inhibitor (SB431542) reduced its mediated ALP activity and staining (Figure 4A). Transient TGFβ1 treatment upregulated ALP mRNA and protein levels accompanied by phos-smad2 protein induction, but SB431542 treatment inhibited these effects (Figures 4B and 4C). Next, we experimentally designed that whether the induction of ALP by TGF $\beta$ 1 transient treatment affect bone formation of sinus bone cells, as shown in the Figure 4D. As expected, transient TGF<sup>β</sup>1 treatment enhanced matrix mineralisation in sinus bone cells, but SB431542 treatment suppressed those effects (Figures 4E and 4F). Taken together, these results suggest that transient TGFB1 exposure promoted bone formation in the sinus bone cells of CRSwNP.

# Discussion

Here we revealed that eosinophils were markedly enriched in the mucosa of patients with CRSwNP and co-localised with TGF $\beta$ 1 protein. Furthermore, differentiated eosinophils induced TGF $\beta$ 1 expression, which increased the ALP expression of sinus bone cells, leading to NBF of CRSwNP. These changes could be reduced by treatment with a TGF $\beta$ 1 inhibitor.

A recent understanding of CRS phenotypes and endotypes allows for patient-specific treatment, especially in recurrent or recalcitrant cases <sup>(28-30)</sup>. As shown in Figures 2B and C, both eosinophils and neutrophils were found in CRSwNP, but major effector cells differ depending on the underlying types of Th inflammation (type 2 versus non-type 2). In eosinophilic CRSwNP, TGF $\beta$ 1 was markedly stained in eosinophils compared to neutrophils or macrophages (Figure S2). Although neutrophilic CRSwNP showed a statistically increased staining of TGF $\beta$ 1 compared to the control group, TGF $\beta$ 1 co-localisation was more prominent in the eosinophilic conditions of CRSwNP (Figure 2D). These findings provide more specific targets for therapeutic intervention and a different strategy for patients with eosinophilic

#### or neutrophilic in CRSwNP.

CRSwNP shows typical features of eosinophilic inflammation and NBF, yet how eosinophils affect bone remodelling and specific target molecules remains largely unknown. In CRS, many studies have described the epithelial-mesenchymal transition (EMT) induction of the nasal epithelium by TGFβ1 and its molecular mechanism <sup>(31-34)</sup>. Factors such as retinoic acid, vitamin D3, bone morphogenic proteins (BMPs), and WNT molecules are known to induce ALP and, presumably, elevated bone formation and its related signalling pathway activation. Although TGFβ1 induces increased ALP transcript through smad2 protein and bone formation <sup>(35)</sup>, we here revealed that TGFβ1 was strongly co-expressed with eosinophils in the submucosa and affected NBF in CRSwNP.

Bone formation is a sequential and dynamic process and is divided into matrix maturation and mineralization <sup>(36)</sup>. Indicators and markers that appear at each stage differ; ALP and type 1 collagen for matrix maturation and calcium deposit and hydroxyapatite formation for mineralization are technically represented. We previously demonstrated that eosinophil-derived interferongamma (IFN-y) induces TMEM119 expression in sinus bone cells to drive bone matrix mineralisation in NBF of CRSwNP<sup>(24)</sup>. Stimulation of IFN-y is responsible for increased matrix mineralization (ARS, VON, and HA) in the sinus bone cells of CRSwNP but not in matrix maturation (ALP and COL). The effect of stimulation on matrix maturation in sinus bone cells of CRSwNP needs further investigation. In general, ALP gradually increases during the matrix maturation stage of osteoblast differentiation and until mineralization. ALP-positive cells are essential indicators in maintaining bone homeostasis and bone formation <sup>(37)</sup>. Consistent with previous reports, RNA-sequencing data showed that TGF $\beta$ 1 was highly expressed in the sinus bone of CRSwNP; our data showed that TGF $\beta$ 1 expression increased and ALP-positive cells accumulated in sinus bone cells of CRSwNP compared to control tissues (Figure 1D). Moreover, stimulation with TGF<sup>β1</sup> dramatically induced ALP expression in sinus bone cells of CRSwNP. Collectively, our data indicated that the relation between TGF<sub>B1</sub> and ALP in sinus bone cells contributed to the NBF of CRSwNP.

This study had limitations. First, we did not test the effects of other molecules in the TGF- $\beta$  family (e.g., TGF $\beta$ 2 and TGF $\beta$ 3) in sinus bone cells. Second, whether cytokine stimulation can maximise TGF $\beta$ 1 expression and secretion in differentiated Eo-1 cells by butyrate is questionable. Third, primary eosinophils derived from the submucosa of CRSwNP need further investigation. Finally, because we collected surgical samples only of CRSwNP and studied its pathophysiology, a comparative study between CRSsNP and CRSwNP stills needs to be conducted.

# Conclusion

We found that TGF $\beta$ 1 was strongly co-expressed with eosinophils in CRSwNP. Differentiated eosinophils induce TGF $\beta$ 1 expression, leading to increased ALP expression in sinus bone cells and bone-forming activity in CRSwNP. Therefore, we provide an important link between eosinophilic infiltration and NBF in CRSwNP.

# **Authorship contribution**

SJ, SL, HJ, CJ, and SW performed the experiments and analysed the data. PMK and SC provided ethmoid bone tissue. SJ, TK, and SC supervised the experimental design, manuscript writing, and editing. All authors have read and approved the final manuscript. We would like to thank Editage (www.editage.co.kr) for English language editing.

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None.

# Conflict of interest

The authors declare that they have no conflict of interest..

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# SUPPLEMENTARY MATERIAL

Control				CRSwNP						
89.36	64.11	2.21	14.61	7 368.96	332.01	368.21	185.80	427.34	483.56	FOS
37.34	74.22	82.70	57.05	579.15	738.55	493.95	180.20	433.98	118.52	ACP5
0.10	0.16	0.05	0.20	0.28	9.35	10.58	0.45	3.55	2.51	IL6
0.38	2.27	0.30	0.78	6.58	4.80	10.03	1.76	6.25		IL1B
119.01	62.95	87.22	97.73	474.36	732.73	522.97	152.66	560.87		MMP9
0.45	0.66	1.40	0.98	1.41	3.99	16.68	2.87	3.07	4.72	SIGLEC15
7.18	1.14	0.79	1.85	7.51	10.29	18.52	3.14	8.06	4.49	ITGB3
11.15	9.24	10.42	13.77	11.03	71.40	73.98	10.82	29.18	47.99	CCL2
1.73	1.87	1.53	2.48	5.85	4.76	8.12	3.00	6.90	7.64	CCL3
21.52	30.29	42.55	30.30	81.80	141.22	65.34	40.97	113.21	42.21	CD14
3.81	18.97	2.93	2.86	33.85	18.22	21.97	18.22	2.91	2.76	ORAI1
2.72	0.71	0.24	0.78	2.38	5.01	5.71	1.65	0.68	2.97	TNFSF11
4.90	2.49	3.52	4.67	7.35	11.49	12.83	4.47	8.90	6.37	ICAM1
7.25	5.76	8.68	10.85	14.45	14.28	18.98	14.74	23.52	13.37	SPHK1
204.61	246.47	420.06	246.17	67.70	152.06	123.57	335.16	244.22	113.80	XBP1
89.27	103.67	78.86	142.73	28.00	43.79	71.40	46.60	42.94	63.64	EPAS1
956.78	738.58	2296.35	1686.00	80.82	438.12	78.75	1309.96	1435.30		LTF
								Row min	Row max	

Figure S1. Osteoclast-related genes in RNA-seq data of CRSwNP. Heatmap of osteoclast-related genes were selected and shown.



Scale bar: 100 µm

Scale bar: 100 µm

Scale bar: 100 µm

Figure S2. Comparison of TGFB1 with eosinophils, neutrophils, or macrophages in submucosal of CRSwNP. PRG2 (eosinophils), ELANE (neutrophils), or CD68 (macrophages) in presence of TGFB1 were co-immunostained in similar location of submucosal in a patient with CRSwNP. Scale bar: 100 µm.



Figure S3. Transient TGF $\beta$ 1 treatment induced ALP expression by activating phos-smad2 protein. Human sinus bone cells of CRSwNP were treated with exogenous TGF $\beta$ 1 (25 ng/mL) for a day and analysed by (A) immunoblotting and (B) RT-qPCR (n=5 for each group). Data are expressed as the means  $\pm$  SEM.