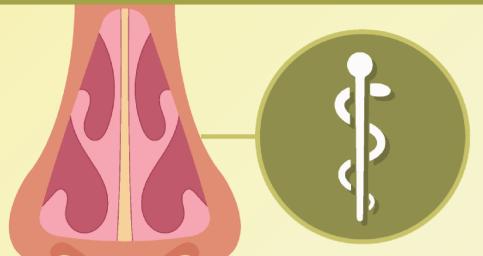
## Serpentine Sign: evidence of airway compensation in patients with empty nose syndrome



Incidence of Serpentine Sign, which appears similar to the "Rod of Asclepius" on CT scans, in patients with ENS

## Retrospective analysis of Serpentine Sign incidence



Patients with ENS (N = 96)



Patients with Serpentine Sign (n = 71)



Patients without Serpentine Sign (n = 25)

## **Outcomes analyzed**



- ENS6Q score
- SNOT-25 score
- Correlation factors for Serpentine Sign
- Post-surgery M/m ratio of septal thickness



Proportion of patients with ENS exhibiting Serpentine Sign

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	ENS6Q total scores	12.5 ± 3.9	<	16.4 ± 3.5	p = 0.008
	SNOT-25 total scores	61.8 ± 22.1	<	74.8 ± 23.5	p = 0.026

## Factors correlated with Serpentine Sign incidence



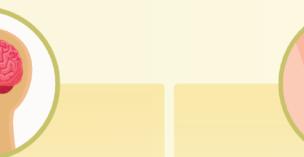
ENS6Q scores (OR = 0.90; 95% CI: 0.83-0.98; p = 0.011)



**SNOT-25 scores** (OR = 0.97; 95% CI: 0.95–0.99; p = 0.018)



**Psychological dysfunction**(OR = 0.93; 95% CI: 0.88–0.98; *p* = 0.013)



Empty nose symptoms (OR = 0.85; 95% CI: 0.77–0.94; p = 0.001)



**Sleep dysfunction** (OR = 0.93; 95% CI: 0.86–0.99; p = 0.049)



Clinical outcomes of nasal reconstruction surgery

- 39 patients with postoperative CT at 6 months
- ↓ M/m septal mucosa thickness ratio

- ↓ ENS6Q scores
- ↓ SNOT-25 scores

ENS: Empty nose syndrome; CT: Computed tomography; ENS6Q: Empty Nose Syndrome 6-Item Questionnaire; SNOT-25: 25-Item Sino-Nasal Outcome Test; OR: Odds ratio; CI: Confidence interval; M/m: Maximal to minimal

Patients with Serpentine Sign exhibited decreased ENS symptoms that can be further alleviated with nasal reconstruction surgery

