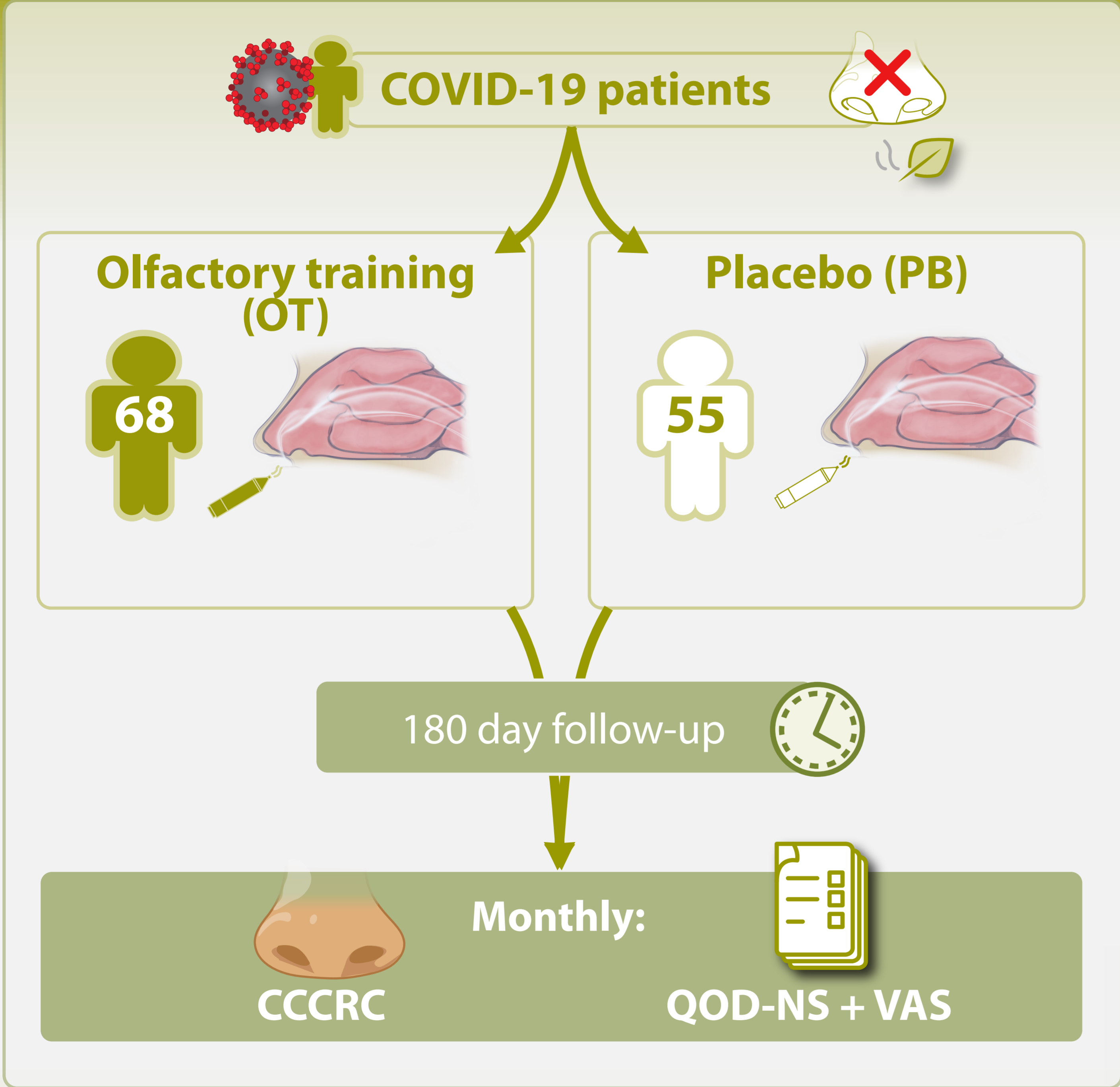


Olfactory training for the treatment of COVID-19 related smell loss: a randomised double-blind controlled trial



Overall

84.5% Achieved normosmia

OT
At baseline:
↓ Olfactory scores
↑ Corticosteroid use

PB
Full recovery rate ↑↑
vs OT

→ No significant outcome difference between groups

→ Baseline olfactory scores strongest indicators of recovery

→ Early treatment initiation (<30 days) increased recovery chances by 58%

Olfactory training did not outperform placebo