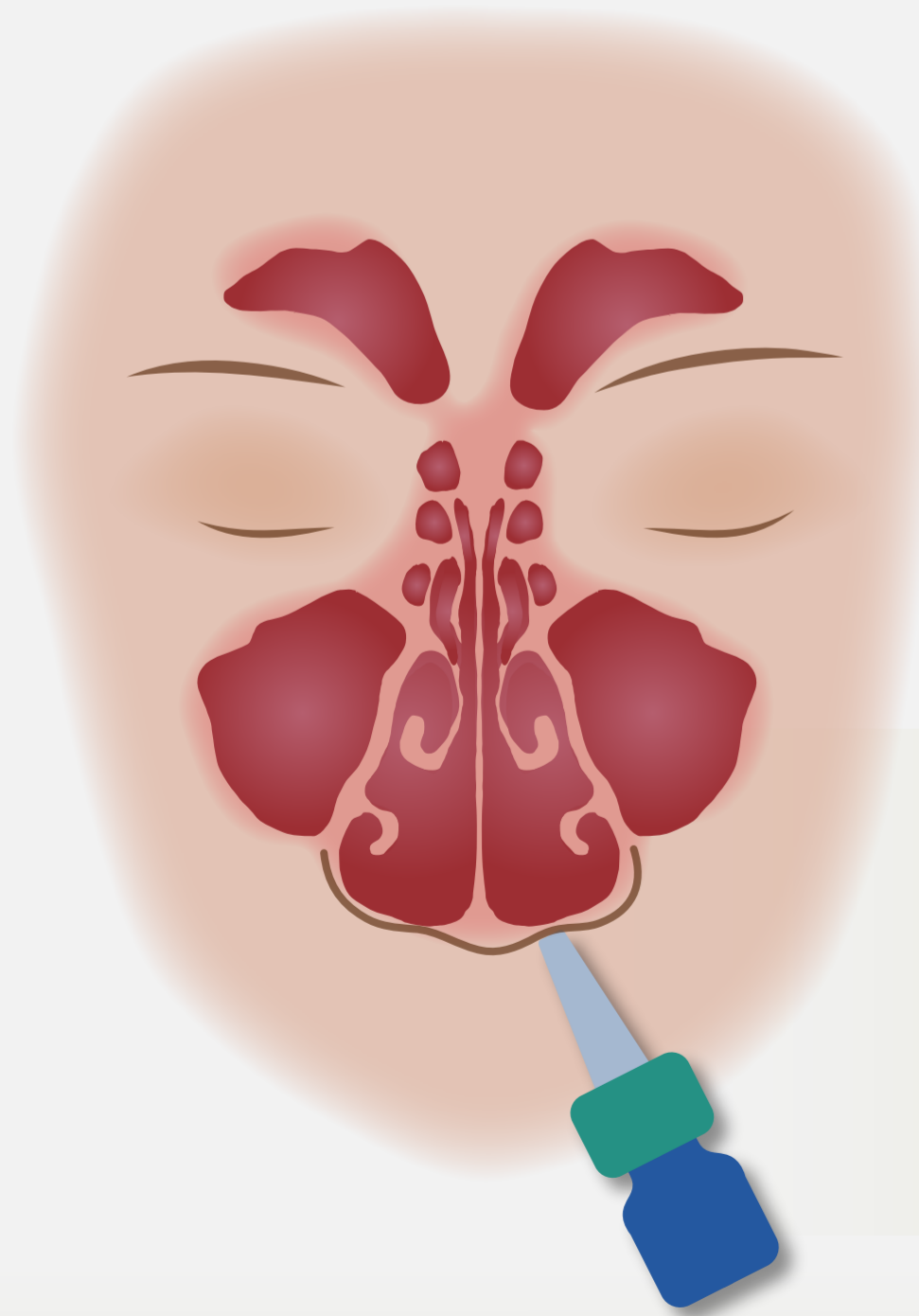


Budesonide nasal irrigation for chronic rhinosinusitis: a meta-analysis of therapeutic outcomes and safety profile



26 studies reviewed

n=1464

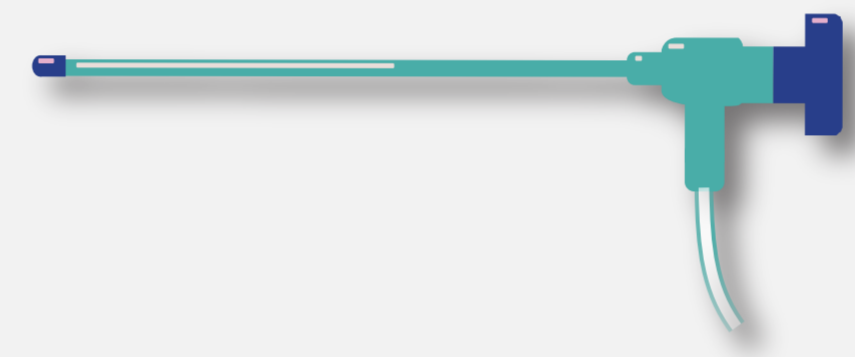


Outcomes of budesonide nasal irrigation (BNI) versus saline nasal irrigation (SNI)



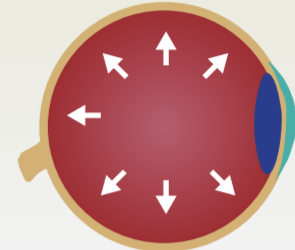
BNI > SNI
in SNOT-22 improvement
from baseline

**Lunk-Kennedy
Endoscopy score (LKES)**



BNI > SNI
in LKES improvement
from baseline

Therapeutic



Intraocular pressure

No significant difference
between BNI & SNI



**Pooled mean serum
cortisol level**

**Within normal range after
BNI**

Safety

➔ BNI has a beneficial impact on CRS while maintaining safety